

HOOP CONNECTIONS

Amy's Hoop Circle - Hooping it up at the library!

Bring in active programming for your whole community of readers! Programming for all ages.

Amy

Amy Raspiller Bradley - Elementary school teacher, **Hoola-Fit** instructor and hula hoop lover. Amy created programming for students and has libraries hooping it up!



Adult Programming

Passionate about hula hooping Amy became a Hoola Fit Hoop Fitness Instructor. Hoola Fit mixes the exercise of hooping with the fun of just being a kid! At the library you can feed the brain and the body!

* Great staff team building fun!



Where to find Amy

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Not seeing what you need?
Let's create the program you need together!

- Amy

Let's hoop it up at the library.

Preschool programming for the very young. This program works with all sizes of hoops with great music for children to work with spacial awareness, play games, build with hoops or create a maze. The goal is to shake, rattle and move with hoops in their hands, on their waist on their arms. It is sure to be a good time for the whole family.

Elementary, Middle and High School programming for the inquisitive learner. Put movement into action with hula hoops. This program is created with imagination in mind. The students work in teams with improve games and hoops. Students assess what and how to make the the hoop move around their bodies. It's science people! Hoop tips and tricks provide great fun. Play is fun and provides fitness!



All ages of people need to move!

Hoops bring joy!

Happy hooping for everyone!